



**GERD-Health Related Quality of Life Questionnaire (GERD-HRQL)**

Institution: \_\_\_\_\_ Patient ID: \_\_\_\_\_ Date \_\_/\_\_/

On PPIs  Off PPIs If off, for how long? \_\_\_\_\_ days / months

*Scale:*

- 0 = No symptom
- 1 = Symptoms noticeable but not bothersome
- 2 = Symptoms noticeable and bothersome but not every day
- 3 = Symptoms bothersome every day
- 4 = Symptoms affect daily activity
- 5 = Symptoms are incapacitating to do daily activities

*Please check the box to the right of each question which best describes your experience over the past **2 weeks***

- |    |   |                   |
|----|---|-------------------|
| 1. | How bad is the heartburn?                                 | □0 □1 □2 □3 □4 □5 |
| 2. | Heartburn when lying down?                                | □0 □1 □2 □3 □4 □5 |
| 3. | Heartburn when standing up?                               | □0 □1 □2 □3 □4 □5 |
| 4. | Heartburn after meals?                                    | □0 □1 □2 □3 □4 □5 |
| 5. | Does heartburn change your diet?                          | □0 □1 □2 □3 □4 □5 |
| 6. | Does heartburn wake you from sleep?                       | □0 □1 □2 □3 □4 □5 |
| 7. | Do you have difficulty swallowing?                        | □0 □1 □2 □3 □4 □5 |
| 8. | Do you have pain with swallowing?                         | □0 □1 □2 □3 □4 □5 |
| 9. | If you take medication, does this affect your daily life? | □0 □1 □2 □3 □4 □5 |

10. How bad is the regurgitation? 0 1 2 3 4 5
11. Regurgitation when lying down? 0 1 2 3 4 5
12. Regurgitation when standing up? 0 1 2 3 4 5
13. Regurgitation after meals? 0 1 2 3 4 5
14. Does regurgitation change your diet? 0 1 2 3 4 5
15. Does regurgitation wake you from sleep? 0 1 2 3 4 5
16. How satisfied are you with your present condition?  
 Satisfied  Neutral  Dissatisfied

\_\_\_\_\_  
Administered by

\_\_\_\_\_  
Monitored by

\_\_\_\_\_  
Date (mm/dd/yy)

\_\_\_\_\_  
Date (mm/dd/yy)